

# KIMIHIA KHRONICLE

ISSUE NO.  
4 2026

*Our sincere condolences to the whanau of our residents who have passed away:*

- Bruce Alcock
- Judith Mason
- Jillian Armstrong
- Janice Kemp
- Elizabeth Scott

## Mother's Day Celebration



We had a wonderful time celebrating Mother's Day with our residents! Our DT Team organised a fun quiz, followed by a lovely afternoon tea and the distribution of special gifts.

Throughout the week, we made our ladies feel extra special with a photoshoot, where everyone had the chance to dress up and shine. It was a joyful celebration full of smiles, laughter, and cherished moments. More photos can be found on page 4 of this newsletter.

## Updates and Reminders

### Winter Clothing Reminder

Now that winter has officially arrived, families / whānau are kindly invited to bring in warm, winter-appropriate clothing for their residents. When providing new items, please ensure the **Received Clothing Form** is completed so all clothing can be clearly labelled and recorded.

### Clinical Staff Update

While Neethu, our Clinical Nurse Lead (CNL), is on maternity leave, we're pleased to advise that **RN Saranya Sumesh** has stepped into the role of Acting Clinical Nurse Lead effective June 1, 2026. If you need to get in touch with Saranya, she can be contacted at [clinical.support@kimihia.co.nz](mailto:clinical.support@kimihia.co.nz).



## Staff Milestones & Recognition

At our recent monthly staff meeting, we proudly celebrated some very special achievements and contributions within our team.

**Tania Ngataki-Matthews** was recognised for an incredible 10 years of service. We also acknowledged **Denise Holland** for reaching her 5-year service milestone. Their contributions are greatly appreciated, thank you for everything you bring to our team.

In addition, congratulations to **Emali Waqa**, who was awarded Most Valued Team Member of the Month (April 2026). Emali was recognised for going above and beyond, demonstrating exceptional dedication to both residents and colleagues. Her continued growth, positive attitude, and willingness to give her best effort truly stood out.

Thank you to all three for your hard work, commitment, and the positive difference you make every day!



## New Staff Updates

We are pleased to welcome two new Healthcare Assistants to our team, both of whom bring extensive experience and valuable skills to their roles.



[Marcia Wahanga](#)



[Catherine Napier](#)



[Donna Talagi](#)

After five years of dedicated service as our Clinical and Staff Educator, **Denise Holland** will be retiring on 2 July 2026. We thank Denise for her outstanding contribution and wish her all the very best in her retirement.

We are pleased to welcome **Donna Talagi** as our new Quality and Clinical Educator. Donna brings over 20 years of nursing experience, including extensive work in oncology, haematology, and palliative care. Donna will be working alongside **Beryl Martyn**, who has recently transitioned into the role of Training Facilitator and continues to lead our Dementia education sessions.

We appreciate your support as we celebrate Denise's legacy and welcome Donna to the team.



## Café and Restaurant Outings



Visiting cafés and restaurants gives residents enjoyable social experiences, helping reduce isolation and boost mood. These outings also encourage better appetite, support nutrition, and provide a sense of independence and connection to the community, promoting overall wellbeing.

## Winter Wellness: Protecting Your Health This Season

As temperatures drop, winter brings an increased risk of colds, flu, and other respiratory illnesses. Older adults are particularly vulnerable to complications from these infections.

### To stay well this winter:

- Keep vaccinations up to date, including influenza and COVID-19 boosters
- Wash your hands regularly and cover coughs and sneezes with a tissue or your elbow.
- Stay warm by dressing in layers
- Eat nutritious meals and drink plenty of fluids, even if you do not feel thirsty.
- Stay active with gentle indoor exercises or regular walks when weather permits.
- Seek medical advice early if you develop symptoms such as fever, shortness of breath, or worsening cough.

Small daily actions can help maintain health, independence, and wellbeing throughout the winter months.

**Stay warm, stay active, and stay connected.**

**-Kimihiia Clinical Team**





Mothers' Day 2026 🔍